



# MAY 2021

## SMART START MENU

We celebrate "Meatless Monday" weekly; Seasonal Fruits will be served during snack time at 10:00 AM  
**ALL ingredients are sourced locally (including pork). Additionally, we use: ORGANIC vegetables, NON-GMO Soy products.**  
 採用在地食材(台灣豬). 有機蔬菜及非基改黃豆製品.

	Mon	Tue	Wed	Thu	Fri
Lunch	<b>3</b> Stewed Bean skin Fried Eggs with Corn Fried Vegetables Turnip Soup 乾燒豆皮 三色玉米蛋 什錦時蔬蘿蔔湯	<b>4</b> Stewed Fried Chicken & Onion Chives Stir Fried TianBuLa Fried Vegetables Tomatoes & Eggs Soup 醬燒洋蔥雞柳 韭菜甜不辣 炒時蔬 番茄蛋花湯	<b>5</b> Braised Radish with Pork Stewed Bean Thread Stir Fried Vegetable Winter Gourd & Carrot Soup 蘿蔔燒肉 螞蟻上樹 炒時蔬 冬瓜紅蘿蔔湯	<b>6</b> Curry Chicken Rice Stir Fried Vegetable Miso with Tofu Soup 咖喱雞燴飯 炒時蔬 味噌豆腐湯	<b>7</b> <b>Mother's Day Fair</b> <b>母親節園遊會</b>
Snack	String Noodles 清麵線	DouTua 豆花	Brown Rice Congee with Ribs 糙米排骨粥	Red Bean & Purple Rice 紫米紅豆湯	
Lunch	<b>10</b> Healthy Tofu Macaroni and Cheese with Tomatoes Corn & Egg Soup 起土豆腐番茄焗通心麵 玉米蛋花濃湯	<b>11</b> Stewed Sliced Pork and Mushrooms Stewed Bean Thread Stir Fried Vegetable Kohlrabi Soup 蘑菇炒肉片 螞蟻上樹 炒時蔬 大頭菜湯	<b>12</b> Stir Fried Chicken with Sweet Bean Sauce Stewed Chinese Cabbage with Mushroom Stir Fried Vegetable Pork Ribs and Corn Soup 醬爆雞丁 香菇白菜滷 炒時蔬 玉米排骨湯	<b>13</b> Fried Shredded Chicken with Curry Source Fried Onion with Egg Stir Fried Green Vegetable Radish & Pork Ribs Soup 咖哩炒雞片 洋蔥炒蛋 炒時蔬 排骨蘿蔔湯	<b>14</b> Sesame Cold Noodles With Cucumber, Carrot & Egg Miso Tofu & Onion Soup 芝麻涼麵 佐小黃瓜紅蘿蔔雞蛋絲 洋蔥豆腐味噌湯
Snack	French Toast Wheat Tea 法國吐司 無糖麥茶	Chicken & Egg Noodles Soup 雞肉鮮蔬雞蛋湯麵	Steamed Buns Soy Milk 小饅頭 豆漿	Chicken & Corn Congee 雞蓉玉米粥	Blueberry Pancake Lemon Water 藍莓鬆餅 檸檬水

Lunch	<b>17</b> Curry Potato & Mushroom with Rice Miso with Seaweed Tofu Soup 野菇蔬食馬鈴薯咖喱燉飯 味噌海苔豆腐湯	<b>18</b> Stewed Pork with Eryngii Fried Egg with Corn Fried Vegetable Pork Ribs Soup with Turnip 紅燒五花肉佐杏鮑菇 玉米炒蛋 炒時蔬 蘿蔔排骨湯	<b>19</b> Noodles with Pork Sauce Braised Bean Curd, Seaweed & Eggs Stir Fired Vegetable Winter Gourd & Carrot Soup 乾拌肉燥麵 滷海帶豆干雞蛋 炒時蔬 冬瓜紅蘿蔔湯	<b>20</b> Stewed cucumber & Chicken Steam Eggs Fried Egg with Tomato Seaweed Soup 小黃瓜炒雞絲 鮮蕃茄炒蛋 炒時蔬 海苔湯	<b>21</b> Rice with Stir Fried Pork, Onions & As- sorted Vegetable Stir Fried Cabbage Miso Tofu Soup 洋蔥時蔬豬肉蓋飯 炒高麗菜 豆腐味噌湯
Snack	Banana Pancake Wheat Tea 香蕉鬆餅 無糖麥茶	Fish Congee with Spinach 菠菜小魚粥	Ai-yu Lemonade 檸檬愛玉	Curry Noodle with Chicken Soup 咖喱雞湯麵	Sweet Potato Soup 地瓜甜湯
Lunch	<b>24</b> Stewed Bean Curd & Carrot Braise Pumpkin Fried Vegetable Eggs & Seaweed Soup 滷香百頁結紅蘿蔔 奶香南瓜 炒時蔬 海苔蛋花湯	<b>25</b> Stewed Pork & Winter Gourd Fried Vegetables Radish & Pork Soup 冬瓜燜肉 芙蓉玉米羹 炒時蔬 蘿蔔排骨湯	<b>26</b> Japanese Baby Fish Rice Fried Vegetable Pork Ribs and Corn Soup 日式小魚拌飯 炒時蔬 玉米排骨湯	<b>27</b> Braised Pork with Soy Source Scrambled Eggs with Basil Fried Vegetable Onion with Potato & Carrot Soup 五香燉肉紅白蘿蔔 九層塔炒蛋 炒時蔬 洋蔥馬鈴薯紅蘿蔔湯	<b>28</b> Fried Udon Noodles With Assorted Vegetable Miso Soup with Onion & Tofu 肉絲時蔬魚板炒烏龍麵 洋蔥豆腐味噌湯
Snack	Ai-yu Lemonade 檸檬愛玉	Yellow Noodle Soup 切仔麵	Green Bean Huanren Soup 綠豆薏仁湯	Noodle Corn Soup 玉米濃湯麵	Grass Jelly 仙草凍飲
Lunch	<b>31</b> Stewed Bean skin Fried Eggs with Corn Fried Vegetables Turnip Soup 乾燒豆皮 三色玉米蛋 什錦時蔬蘿蔔湯				
Snack	Black Sugar Cake & Lemon Water 黑糖糕 檸檬水				